Market Field College

Lunch Menu

*Gluten free options will be made available soon
*Lunches to be paid for via Schoolcomms
* All meals are served with a dessert

Meal Price £3.00

WEEK 1

Meat Option	Vegetarian Option	Sandwich	Jacket Potato
Monday			
Chicken Katsu with Steamed Basmati Rice	Quorn Katsu with Steamed Basmati Rice	Selection of Sandwiches	Jacket Potato served with a selection of toppings
Tuesday			
Pasta with Carbonara Sauce with Garlic Bread & Salad	Pasta with Fresh Tomato & Onion Sauce with Garlic Bread & Salad	Selection of Sandwiches	Jacket Potato served with a selection of toppings
Wednesday			
Southern Fried Chicken Wrap with Seasoned Potato Wedges	Quorn Fajita Wrap with Seasoned Potato Wedges	Selection of Sandwiches	Jacket Potato served with a selection of toppings
Thursday			
Slow Roasted Pork Steak with Sage & Onion, Roasted Potatoes, Carrots & Peas	Vegetable Roast with Roast Potatoes, Carrots & Peas	Selection of Sandwiches	Jacket Potato served with a selection of toppings
Friday			
Crispy Breaded Chicken With Stay Crisp Chips,	South Fried Quorn with Stay Crisp Chips	Selection of Sandwiches	Jacket Potato served with a selection of toppings

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WEEK 2

Meat Option	Vegetarian Option	Sandwich	Jacket Potato
Monday			
Salt & Crushed Black Pepper Jacket with BBQ Pulled Pork or Minced Beef Curry	Salt & Crushed Black Pepper Jacket with Beans or Tuna Mayo	Selection of Sandwiches	Jacket Potato served with a selection of toppings
Tuesday			
One Pot Chicken with Curry Sauce & Salad	One Pot Quorn with Curry Sauce & Salad	Selection of Sandwiches	Jacket Potato served with a selection of toppings
Wednesday			
Minced Beef Bolognaise with Garlic Bread & Salad	Quorn Bolognaise with Garlic Bread & Salad	Selection of Sandwiches	Jacket Potato served with a selection of toppings
Thursday			
Cumberland Pork Sausages, Fried Onions, Buttery Mash Potato, Roasted Carrots & Sweetcorn	Quorn Sausages, Fried Onions, Buttery Mash Potato, Roasted Carrots & Sweetcorn	Selection of Sandwiches	Jacket Potato served with a selection of toppings
Friday			
Breaded Chicken with Stay Crisp Chips	Southern Fried Quorn with Stay Crisp	Selection of Sandwiches	Jacket Potato served with a selection of toppings

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WEEK 3

Meat Option	Vegetarian Option	Sandwich	Jacket Potato
Monday			
Beef Burger with Monterey Jack & Fried Onions, Chunky Fries & Salad	Vegetable Burger with Monterey Jack & Fried Onions, Chunky Fries & Salad	Selection of Sandwiches	Jacket Potato served with a selection of toppings
Tuesday			
Chicken & Pepperoni Pasta Garlic Bread & Salad	Vegan Lentil Ragu with Garlic Bread & Salad	Selection of Sandwiches	Jacket Potato served with a selection of toppings
Wednesday			
Chicken Korma Curry with Basmati Rice & Naan Bread	Quorn Balti with basmati Rice & Naan Bread	Selection of Sandwiches	Jacket Potato served with a selection of toppings
Thursday			
Hot Beef Chilli Con Carne with Rice, Nachos, Jalapenos & Cheese	Quorn Chilli Con Carne with Rice, Nachos, Jalapenos & Cheese	Selection of Sandwiches	Jacket Potato served with a selection of toppings
Friday			
Breaded Chicken with Stay Crisp Chips	Southern Fried Quorn with Stay Crisp Chips	Selection of Sandwiches	Jacket Potato served with a selection of toppings